



**WORK-BASED LEARNING/CBVI**

**Self-Determination: Levels of Support**

**STUDENT T-CHART**

**Column 1:** Make a list of things you ask your teacher/job coach to help you do. Limit the number of things your teacher does for you that you can do for yourself to 5.

**Column 2:** Look at the first item you listed in Column 1. In Column 2, write what you need to learn so you can help yourself perform this task. What else do you need? Now do this for each item in Column 1.

**Next:** Review your list. Circle one item you want to learn to do. Then in the bottom box, work with your teacher/job coach to develop a Learning Plan.

**Student Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Question: What is my teacher or job coach doing for me that I can do for myself?	What do I need to learn? What tools will I need?	Student/Teacher Evaluation of Progress (Date and Rating)	
		Student	Teacher
<b>LEARNING PLAN</b>			
Develop a PLAN with your teacher to learn to do the item you circled.			